

IF YOU HAVE QUESTIONS OR CONCERNS, CALL (855) 863-9595 TO SPEAK WITH OUR ON-CALL CLINICIAN.

### DRESSINGS (IF PRESENT)

- + Keep the initial dressing in place for 48 hours
- + After 48 hours:
  - + All dressings can be removed.
  - + You may bathe/shower and allow the treated areas to get wet.

### WOUND CARE

- + A moist wound heals better than a dry, scabbed wound.
- + To keep the wounds moist, apply non-medicated ointment/moisturizer (such as Aquaphor or Vaseline) to the treated areas 1-4 times per day after dressings have been removed.
- + Keep all open areas covered with ointment/moisturizer for one week, or until healed.
- + Open areas may scab. Do not pick scabs.
- + You may use over-the-counter oral medication for itching.



### SEVEN DAYS AFTER TREATMENT

- + The majority of the wounds should be healed (closed), and you will likely have a red/pinkish appearance to the treated areas.
- + Resume lotions and sunscreen (at least SPF 50)
- + Continue your pre-procedure scar management techniques.

### KEEP IN MIND

There are no restrictions on your activity, but avoid direct sunlight on the healing wound. Your regular scar management techniques (compression garments, scar massage, scar gel, etc.) are extremely important to keep scar tissue soft and flexible.

855-863-9595 • [www.burncenters.com](http://www.burncenters.com)



**BURN AND RECONSTRUCTIVE  
CENTERS OF AMERICA**