# HAND INJURIES

# 1 IDENTIFY

- + Does the patient have a serious hand injury?
- + When and how did the injury occur?

# 2 EVALUATE

### PHYSICAL EXAMINATION - SPECIFIC

- Evaluate open wounds for skin loss and exposed deep structures.
- 2. Identify fluctuant or pulsatile soft tissue swelling.
- 3. Evaluate circulation:
  - + Are the hand and fingers pale or blue?
  - + Can Doppler pulses be detected?
- 4. Evaluate sensation:
  - + Can the patient detect light touch?
- 5. Evaluate range of motion:
  - + Can the patient actively move wrist, fingers, and thumb?
  - + Is motion painful?
- 6. Inspect the skeleton:
  - + Are there obvious fractures or dislocations?

#### X-RAY

- 1. Fractures/dislocation?
- 2. Foreign body?

### PHYSICAL EXAMINATION – GENERAL

- 1. Does the patient have other injuries?
- 2. Does the patient have known medical problems and/or allergies?

#### **GENERAL CARE**

- 1. Does the patient need tetanus prophylaxis?
- 2. Does the patient need antibiotics?



### BURN

AND

### RECONSTRUCTIVE

CENTERS OF AMERICA



#### REPLANTATION









## 3 TRANSFER

#### CALL 1-855-863-9595 OR 706-830-7511 TO DISCUSS TRANSFER.

#### **DRESS THE WOUND:**

- 1. Apply xeroform dressing to wound and wrap in dry, sterile gauze.
- 2. Do not place IV lines in the injured extremity or apply compressive dressings.

  Do not attempt local anesthetic blocks.

### IF FINGERS OR HAND ARE COMPLETELY AMPUTATED:

- 1. Wrap the part in moist gauze.
- 2. Place part and gauze in a sealed bag or container and place the container on top of ice in a separate container.
- 3. X-ray the part.

#### BURN REFERRAL APP



## QUICK. SIMPLE. SECURE

Connect instantly with burn practitioners to assess a burn or wound injury. Upload patient photos and information in an encrypted, HIPAA-compliant environment.

To register for the app, visit www.burncenters.com/app.



Registration is open to physicians, mid-level practitioners, nurses, emergency medical crews and others.

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OUR PROVIDERS ARE AVAILABLE 24/7 FOR CONSULTATIONS, REFERRALS AND TRANSFERS